



Herb & Spice *Cold Fork Buffet Pack 2012*

Herb & Spice has now been established for nearly 14 years, providing quality, individual menus and excellent service, whatever the occasion.

We work on the principle of tailoring an event to exactly what our client needs, wherever and whenever they want it. No event is too small, too large, or too difficult for us to cater for.

Our menus are merely an outline of what we can offer, and can be adapted to all tastes, dietary requirements and, most importantly, to your budget. We believe all our menus to be unique, fresh & imaginative.

We cater for Business Lunches, Family occasions (Buffets & Dinner Parties) Weddings, Christenings, Marquee Events, Corporate Hospitality or whatever the occasion.

All food is freshly prepared in our kitchens by highly qualified Chef's using the highest quality ingredients, sourced where possible from local suppliers. We also do our bit for the environment and re-cycle all accepted packaging!

Our service is convenient, friendly and easy to use. We provide exceptional service and our 100% commitment to you starts the moment you contact us. We promise to work with you every step of the way.



Cold Fork Buffet Selection

Please feel free to mix and match from any of our menus to create a menu of your choice
All food is freshly prepared to order using ingredients of the highest quality.
Our skilled chef's garnish each dish to perfection.

The Chive Menu £12.95 + Vat per person

Freshly Baked Deli Breads

Trout & Chive Pate

Platter of Local Honey Roast Ham

Traditional Roast Rib of Beef with Horseradish Cream

Poached Salmon Fillets with Green Herb Yoghurt

Mediterranean Vegetable Tartlets (V)

Marinated Chicken Wraps with Sour Cream, Chives, & Crispy Salad

Choose 3 Salads from the Salad Menu

The Rocket Menu £13.95 + Vat per person

Freshly Baked Breads and Foccaccia Selection

Antipasti Platter:

Parma Ham, Chorizo, Home-roast Local Ham, Griddled Artichoke Hearts, Marinated Olives

Citrus Chicken with a piquant Salsa

Individual Four Cheese, Pine Nut, Spinach & Sun-blush Tomato Tartlets (v)

Smoked Fish Platter

Smoked Loch Etive Trout, Hot Oak Smoked Salmon, Peppered Mackerel, and Traditional Smoked Salmon

Buffalo Mozzarella, Rocket, Chilli Oil & Tomato Tapenade Crostini (v)

Choose 3 Salads from the Salad Menu

All prices are exclusive of VAT @ 20%

The Sage Menu £14.95 + Vat per person

Freshly Baked Breads

Sage & Shallot Baked Poussin served with a Walnut & Cranberry Stuffing

Sliced Crispy Pork Loin served with Apple & Calvados

Garlic Sausage served in Puff Pastry

Dublin Bay Prawns & Poached Salmon Platter

Stilton, Leek & Mushroom Frittata (v)

**Stilton, Leek, Mushrooms, sautéed in Garlic, Olive Oil & served
Spanish Omelette style**

Potato Salad

Rocket Salad with Mint, Mustard & Red Onion

Sage & Turmeric Rice Salad

The Rosemary Menu £15.95 + Vat per person

Freshly made Garlic Bread

Sliced Leg of Lamb roasted in Rosemary & Garlic

Sliced Honey Roast Ham

Sliced Smoked Turkey

Seafood Platter

Poached Salmon, Dublin Bay Prawns, & Gravlax

Sliced Rare Rib of Beef Platter

Tossed Green Salad

Potato & Chive Salad

Punjab Spiced Vegetable Salad

Melon Ball & Cherry Tomato Salad with a fresh Mint Dressing

All prices are exclusive of VAT @ 20%

The Basil Menu £16.95 + vat per person

Freshly Baked Deli Breads:

Farmhouse

Boscioli Olive

Sun-blushed Tomato

Goats Cheese, Red Onion & Basil Gallette

Platter of Smoked Meats

Duck, Chicken, Ham, Chorizo & Beef

**Homemade Roasted Red Pepper & Basil Houmous
With Crunchy Vegetable Crudités (V)**

**Lemon, Basil & Chilli Infused Salmon Fillets
Served with a Herb Yoghurt**

**Roasted Mediterranean Vegetable Terrine (V)
Served with a Goats Cheese & Basil Dressing**

Choose 3 Salads from the Salad Menu, for example:

Mexican Mixed Bean Salad (V)

Chick Peas, Kidney Beans, Cannellini, Tomatoes, Coriander & Fresh Chilli

**Grilled Peppers, Artichoke, Olive & Courgette Salad (V)
served with a cracked Black Pepper & Lime Dressing**

Tossed Mixed Leaf Salad

Cos, Radicchio, Rocket, Cucumber, & Spring Onions

The Watercress Menu £21.95 + Vat per person

Freshly Baked Breads

Seafood Platter

Fresh poached Salmon, Lobster, Fresh Crab, and Luxury Prawns Smoked Salmon

Sliced Roast Fillet of Beef

Chicken Tikka Pieces with Sour Cream & Chive

Chicken & Asparagus Mousse

**Chicken, Asparagus, Cream Cheese, Sweet Peppers, Herbs, Red Onions,
Set into a soft Mousse & sliced**

Fresh Roasted Duck served with an Apricot Marinade

Watercress & Wild Mushrooms Filo Bake (v)

Choose 4 Salads from the Salad Menu

**English & Continental Cheese Platter
with Biscuits & Fruit**

Fork Buffet

Choose from the following and we will cost your selections for you:

Roasted Rib Eye of Beef (cooked to your liking)

Whole Dressed Poached Salmon

Platter of Seafood

Smoked Mackerel, Smoked Salmon, Prawns, Gravdax

Poached Salmon fillets with a Green Herb Mayonnaise

Home-cooked Local Smoked Ham with Cumberland Sauce

Barbequed Loin of Pork

Tarragon, Lime Marinated Chicken with

All prices are exclusive of VAT @ 20%

Sultana & Almond Cous-Cous

Roasted Turkey Breast, with Rhubarb & Cranberry Compote

Red Onion Goats Cheese & Thyme Gallette

Goats Cheese & Pepper Quiche

Mixed Pepper & Tomato Tartlet

Platter of Smoked Meats

Duck Chicken Ham Chorizo & Beef

Chicken Brochette with Louisiana Seasoning, Oven Dried Tomato Chutney

Orange Glazed Salmon Fillets

Char Grilled Pork Loin seasoned with Cajun Spices

Why not select from our Salad & Desserts Menus

“Anybody can make you enjoy the first bite of a dish, but only a real chef can make you enjoy the last.”
Francois Minot

Herb & Spice Fresh Salads

The perfect selection to add to your meal

Mixed Leaf Salad

Iceberg, Radicchio, Rocket, Cucumber, & Spring Onions

Caesar Salad

Romaine Cos Lettuce, Parmesan, fresh Croutons, & our famous Caesar Dressing

Rocket & Parmesan Salad

Rocket Leaves served with fresh shavings of Parmesan

Stilton, Smoked Bacon & Rocket Salad

Garnished with Poached Pears & a Port & Ginger Dressing

Greek Salad

Traditional Plum Tomatoes, Black Olives, Red Onions,

All prices are exclusive of VAT @ 20%

Fresh Coriander & our finest Feta Cheese

Mexican Mixed Bean Salad

Chick Peas, Kidney Beans, Cannellini Beans, Tomatoes, Coriander & fresh Chili

Mexican Mixed Bean Salad

**Green , Kidney, Black-Eyed, Butter, & Pinto Beans tossed with fresh Garlic,
Paprika, Tomato & Herbs**

Cous-Cous Moroccan Salad

Tomatoes, flat leaf Parsley, Mint, Garlic, Onions & chopped Apricots

Noodle Hoi Sin Style Salad

**Julienne of Vegetables with a Hoi Sin Sauce, Lemon Grass,
& mixed with Crispy Noodles**

Blue Cheese, Walnut & Celery Salad

Coconut & Cumin Rice Salad

Butternut Squash, Peas & fresh Coriander

Panache of Wild Mushrooms Salad

with an Asparagus, Goats Cheese, & Tarragon Dressing

Italian Pasta Salad

**Penne Pasta, Black Olives, Sun-dried Tomatoes, Onions, fresh Tomatoes,
Basil & Sweet Red & Yellow Peppers**

Tomato & Onion Vinaigrette Salad

Beef Tomato, served with fresh Herbs, Onion & White Wine Vinegar

Red Cabbage Coleslaw

Indian Rice Salad

Masala Paste, Nuts Sultanas Green Peppers, onions & Sweetcorn

Fennel Orange & Spring Onion Salad

New Potato Onion & Chive Salad

served with a fresh Mint Yoghurt

Deep-Fried Potato Salad

**Diced Potatoes, deep-fried & garnished with Onions Chillies & served
with a Sweet Chilli Sauce**

All prices are exclusive of VAT @ 20%

Slow Roasted Tomato Salad with Feta Cheese marinated in Rosemary

Beef tomato and Feta Cheese with fresh Rosemary

**Tomato & Basil Salad with Olive Oil & cracked Black Pepper
Beef tomato and fresh Basil**

**Aubergine Lemon Caper Salad served with Balsamic Vinaigrette
Aubergines cooked with fresh lemons and capers**

**Grilled Peppers, Artichoke, Olive & Courgette Salad
served with a cracked Black Pepper & Lime Dressing**

**Avocado, Red Grape & Satsuma Salad
with a Mascarpone & Basil Dressing**

Traditional Coleslaw

White Cabbage, Carrots, Onions, & our home-made Mayonnaise

Pear & Stilton Salad

Delivery



**All food is delivered in our fully refrigerated vans.
Delivery is free within a 5 mile radius.**

**'We hope Herb & Spice have the pleasure
of working with you on your event'**

